The IGBIS Athletics & Activities
Semester 2 Preview, 2015-2016
Activities at IGB International School are an extension of the four IB programmes; facilitating opportunities for students to take action. Activities are sourced and designed to offer students a complete selection of opportunities to assist in their personal development; to encourage them to be involved outside the classroom, enjoying collaboration with each other and taking on challenges that will enhance their development.

IGBIS staff have a major contribution in the 45 activities offered, some activities are supervised by approved outside providers with parents paying for the service.

There are three sessions in an academic year which gives students the opportunity to vary their experiences. Secondary School students sign up online with an email notification sent to parents. Elementary School students are signed up by their parents and registration is confirmed once the status of activities are confirmed.
Swimming Lessons
Monday RM440 and/or Friday RM360
Come and learn to swim in small individualised classes suited to your level and ability with caring instructors that will take you to the next level in the water.

Karate
Monday RM400 and Friday RM360
Have fun, get fit and develop greater coordination while learning the art of Karate from highly accomplished teachers.

Swim Team (Grade 2 only)
Monday to Thursday
Come out and train with the IGB International School swim team one or more days a week. Swimmers must be able to swim 200m and have developed at least two different swim strokes.

Football
Monday RM400
Learn to play football in a fun and friendly environment with loads of skills and games to practice and play.

Football Team (Grade 2 only)
Tuesdays & Wednesdays
Come out and play this fun team game. Represent IGB International School against teams from across Kuala Lumpur.

Card Games (Grades 1 - 2)
Tuesday
Come along and learn some card games that you can play with a friend or by yourself. A great way to have fun and help with maths.

Lego & Literacy
Tuesday
Come and get those creative juices flowing! Working with LEGO is more than just building cool buildings, spaceships, and robots...you will be increasing your math skills, working on various science concepts and cooperating with new friends. Come join the fun!
**Funky Fitness (Grades 1 - 5 only)**  
**Tuesday**  
Dance! Have Fun! Keep Fit!  
Have fun learning some new aerobic style dance moves and keep fit at the same time.

**Cheerleading (Grades 1 - 2 only)**  
**Wednesday**  
Channel your school spirit! Through this activity you will be able to work on teamwork skills, coordination, dancing, stunts (human pyramids), jumps and tumbling (for example; cartwheels and back walkovers). After developing these skills you will get a chance to tap into your creative side when given an opportunity to make your own routines and cheers. This is a great activity to build confidence, language skills, and develop your sense of community and school connection. We hope to perform at school assemblies and even cheer on our school teams at local tournaments. If you are ready to try something new and make some great friends. Bring it on!

**Big Brothers & Sisters**  
**Thursday**  
*Connect, Care and Communicate!*  
Opportunity awaits students across the school to care for each other, communicate together and connect. Older students will be helping younger students with homework, reading, drawing and playing games. Younger students benefit by having older students positively influence them.

**Taekwondo**  
**Thursday RM324**  
Come and learn this kickin’ martial art form from accomplished teachers.

**Badminton**  
**Friday RM342**  
Come and learn this fast paced and thrilling racquet sport with drills, skills, fun and games.

**Makers Club (Grade 1 and 2)**  
**Thursday**  
Following on from the Tinkering Club we now have a ton of material to start creating! Join the Maker’s Club and use your creativity to make anything from art to robots. This is a time for creativity, problem solving and exploration. Suitable for Grades 1-5.
Swimming Lessons
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Big Brothers & Sisters
Thursday

*Connect, Care and Communicate!*
Opportunity awaits students across the school to care for each other, communicate together and connect. Older students will be helping younger students with homework, reading, drawing and playing games. Younger students benefit by having older students positively influence them.

**Brownies / Guides (Grades 4 - 5 girls only)**
Thursday

Try new things. Make new friends. Go on more adventures than you can count. With us, there’s a whole world of new opportunities waiting for you.

**Origami**
Thursday

Come learn the art of origami and create beautiful sculptures from paper. Let your imagination run wild.

**Badminton**
Friday RM342

Come and learn this fast paced and thrilling racquet sport with drills, skills, fun and games.

**Makers Club**
Thursday

Following on from the Tinkering Club we now have a ton of material to start creating! Join the Maker’s Club and use your creativity to make anything from art to robots. This is a time for creativity, problem solving and exploration. Suitable for Grades 1-5.

**Taekwondo**
Thursday RM324

Come and learn this kickin’ martial art form from accomplished teachers.

**Card Games (Grades 3 Only)**
Tuesday

Come along and learn some card games that you can play with a friend or by yourself. A great way to have fun and help with maths.
Athletics & Activities, Grades 6 - 8
Semester 2 Preview, 2015 - 2016
Activities Sign-Ups, 11th - 17th January, 2016
Activities Run, 15th February - 22nd April, 2016

Key:
Red - Paid for Activities by Outside Providers
Blue - IGB International School Athletic Teams
Green - Free Lunch Time Activities provided by Teachers at IGB International School
Black - Free Activities provided by Teachers at IGB International School

Choir
Monday
An auditoned choir for those who love to sing and perform.

Swimming Lessons
Monday RM400 and Friday RM360
Come and learn to swim in small individualised classes suited to your level and ability with caring instructors that will take you to the next level in the water.

Chess Club
Tuesday
If you appreciate a good game of strategy chess club is for you. Enjoy your lunch time in a whole new way.

MindcraftEdu Club
Tuesday
Have fun building amazing things in a socially engaging environment using the educational version of the popular Minecraft game, MinecraftEdu. No purchase of Minecraft software necessary.

Karate
Monday RM400 and Friday RM360
Have fun, get fit and develop greater coordination while learning the art of Karate from highly accomplished teachers.

Swim Team
Monday to Thursday
Come out and train with the IGB International School swim team one or more days a week. Train for fitness and fun or to compete for our squad. This team will compete in the Kuala Lumpur International School Sports League.

Global Issues Network
Tuesday
If you are someone who wants to change the world, save the world or serve it in any or all ways you can this is the club for you. We are about making change happen. And it’s all driven by you.
### Ceramics
**Tuesday**

Using different techniques to create fine art pieces and functional design pieces.

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### Under 13 Basketball Teams (Girls & Boys)
**Tuesday, Thursday & Fridays**
(Must still be 13 as of September 1, 2015)

Come out and play, represent IGB International School and compete with teams from across Kuala Lumpur.

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### Athletics & Activities Council
**Friday**

Shape the way your school is seen in your community and beyond. Be a part of creating, marketing, promoting and celebrating Athletics & Activities at IGBIS and with the community at large. Be the voice of our programs!

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### Junior Masterchef (Grades 6 - 10 only)
**Thursdays**

Have you seen Junior Masterchef on TV? Sign up and test your cooking skills and knowledge against other student ‘contestants’. Learn new cooking techniques and skills and then put them to the test in our very own IGBIS Junior Masterchef competition.

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### Secondary School Production
**Tuesday**

In this activity students will work collaboratively to develop a school production. Students will be involved in public performances and there will be some weekend rehearsals.

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### Cheerleading
**Wednesday**

Channel your school spirit! Through this activity you will be able to work on teamwork skills, coordination, dancing, stunts (human pyramids), jumps and tumbling (for example; cartwheels and back walkovers). After developing these skills you will get a chance to tap into your creative side when given an opportunity to make your own routines and cheers. This is a great activity to build confidence, language skills, and develop your sense of community and school connection. We hope to perform at school assemblies and even cheer on our school teams at local tournaments. If you are ready to try something new and make some great friends. Bring it on!

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### Track & Field Team
**Tuesday and Thursday**

If you like to run and enjoy training for fitness the Athletics Team is for you. The school team will participate in the Kuala Lumpur International School Sports League Athletics Championship. Come on out, bring your friends along and have fun!
Computer Science
Wednesday

A club for geeks who want to learn advanced skills in Computer Science. You decide your project, teachers help to code it up!

Ultimate Frisbee
Wednesday

Ultimate Frisbee is an exciting and fast paced team game played by thousands around the world. It is one of the fastest growing sports and has recently been recognized by the IOC for possible inclusion into the Olympic Games. It combines the best aspects from sports such as basketball, football, soccer, and netball. It is a very unique game as it is co-educational and requires no referees. Join us for a fun semester where we will practices skills, play games, and attend local tournaments.

Model United Nations (MUN)
Thursday

MUN is a club that gives students the chance to debate real world issues. Students will learn about MUN during lunch meetings and have a chance to debate during conferences at other International Schools and at IGB International School. There are leadership positions also available to help run the MUN club.

Instrumental Ensemble
Wednesday

This activity provides the opportunity for students to play music in a large ensemble. This activity runs all year and is for all students from Grade 5 and above.

Tennis
Wednesday RM800

Whether you are a beginner or a seasoned veteran the professional tennis coaches waiting to work with you will take you to the next level of your game.

Art Club
Thursday

Creating large scale pieces that reflect the community at IGB International School.

Debate Club
Wednesday

The debate club engages the students of IGBIS in the wider community of public speaking, policy formation and creative critical thinking to create the legacy of public speaking culture in IGBIS by forming well-spoken, well-trained teams ready to represent our school at regional, national and international debate competitions.
Big Brothers & Sisters
Thursday

Connect, Care and Communicate!
Opportunity awaits students across the school to care for each other, communicate together and connect. Older students will be helping younger students with homework, reading, drawing and playing games. Younger students benefit by having older students positively influence them.

Learn to SCUBA Dive
Friday RM2150++
Ages 14+

Students will discover the underwater world when they qualify for their PADI Open Water Diving Permit. Classes will be conducted at school with online e-learning, face-to-face lessons and confined diving in the school pool. Once they have satisfied our Instructor, students will complete 4 open water dives (in the sea) at a location to be decided. Once completed students will be licensed open water diverse.

Rock School
Thursday

For all those who like to ‘rock out’ and have a ‘jam session’ come and be part of the Rock School. We will be working on putting together a school rock band(s) and exploring rock music in general. We will also look at a range of other musical styles which fit a rock band ensemble. We’re looking for Guitar, Bass, Keyboard, Drum, Saxophone and Brass players.

If you are joining Rock School you need to have been playing a suitable instrument for at least 12 months or be at about the Grade 3 music exam level. An audition may be required to assess playing ability.

Club Football
Friday RM324

Hone your skills with our coaches from Sunarise.
Athletics & Activities, Grades 9 - 12
Semester 2 Preview, 2015 - 2016
Activities Sign-Ups, 11th - 17th January, 2016
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Key:
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Choir
Monday
An auditioned choir for those who love to sing and perform.

Swim Team
Monday to Thursday
Come out and train with the IGB International School swim team one or more days a week. Train for fitness and fun or to compete for our squad. This team will compete in the Kuala Lumpur International School Sports League.

Open Studio
DP Art students only
Monday - Thursday
Open studio for all DP Art students looking to work on and finish their masterpieces.

Global Issues Network
Tuesday
If you are someone who wants to change the world, save the world or serve it in any or all ways you can this is the club for you. We are about making change happen. And it's all driven by you.

Duke of Edinburgh International Award
Tuesday
The Duke of Edinburgh’s International Award is the world’s leading youth achievement award. There are three levels to the Award:

Bronze: For those over 14 years. 6 months minimum participation.
Silver: For those over 15 years. 12 months minimum participation.
Gold: For those over 16 years. 18 months minimum participation.

For all levels, you must complete components in Service, Physical Recreation, Skills and Adventurous Journey.

Our club will focus on the Skills and Adventurous Journey elements. We will do hiking activities, practice camp craft and go on some adventures together.
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Junior Masterchef  
(Grades 6 - 10 only)  
Thursday  

Have you seen Junior Masterchef on TV? Sign up and test your cooking skills and knowledge against other student ‘contestants’. Learn new cooking techniques and skills and then put them to the test in our very own IGBIS Junior Masterchef competition.

Spanish Club (Grades 11 - 12 only)  
Thursday  

Hola! Are you in Grades 11 or 12? Would you like to rock your IB exam in Spanish? Then join our intensive Spanish Club to get even better at reading, listening, speaking and writing in Spanish through fun and interesting activities.

Art Club  
Thursday  

Creating large scale pieces that reflect the community at IGB International School.

Rock School  
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For all those who like to ‘rock out’ and have a ‘jam session’ come and be part of the Rock School. We will be working on putting together a school rock band(s) and exploring rock music in general. We will also look at a range of other musical styles which fit a rock band ensemble. We’re looking for Guitar, Bass, Keyboard, Drum, Saxophone and Brass players.

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Editorial Board  
Friday  

If you want to be part of making memories last at IGB International School and you have creative abilities that you want to put to good use be part of this student-driven initiative. Students participating in this activity will be working on Yearbook and Athletics & Activities Council in marketing and promoting events as well as capturing them for all time. Be a part of this dynamic experience.

Senior Masterchef  
Thursday  

Junior Masterchef  
Grades 11 - 12 only  
Thursday  

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English Club  
Thursday  

A place for students to enjoy literature, explore new books and practice language skills in a non-assessment based environment.

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