Week 1	Monday 28th	February 2022	
week i	ES (RM11) SS (RM12)		
	Roasted Lemon Parmesan Chicken	Roasted Lemon Parmesan Chicken	
Western Set Meal Lunch	Tossed Spiral Pasta Creamy Braised Cabbage	Tossed Spiral Pasta Creamy Braised Cabbage	
	Yellow Watermelon	Yellow Watermelon	
Asian Set Meal Lunch	Crispy Fish with Soy Mushroom	Crispy Fish with Soy Mushroom	
	Steamed Jasmine Rice	Steamed Jasmine Rice	
	Stir Fry Kailan with Oyster Sauce and Garlic	Stir Fry Kailan with Oyster Sauce and Garlic	
	Yellow Watermelon	Yellow Watermelon	
Vegetarian Set Meal Lunch	Roasted Pumpkin with Parmesan	Roasted Pumpkin with Parmesan	
	Tossed Spiral Pasta Yellow Watermelon	Tossed Spiral Pasta Yellow Watermelon	
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	Tuesday 1st March 2022		
Week 1	ES (RMII)	SS (RM12)	
Western Set Meal Lunch	Grilled Fish with Lemon Butter Sauce	Grilled Fish with Lemon Butter Sauce	
	Steamed Potatoes with Rosemary	Steamed Potatoes with Rosemary	
	Honey Glazed Carrot with Herbs	Honey Glazed Carrot with Herbs	
	Mixed Fruit	Mixed Fruit	
	Mongolian Chicken Steamed Fragrance Rice	Mongolian Chicken Steamed Fragrance Rice	
Asian Set Meal Lunch	Stir Fry Long Bean with Tofu	Steamed Fragrance Rice Stir Fry Long Bean with Tofu	
	Mixed Fruit	Mixed Fruit	
Vegetarian Set Meal Lunch	Hainanese Fried Tofu with Saseme Souce	Hainanese Fried Tofu with Saseme Souce	
	Steamed Fragrance Rice	Steamed Fragrance Rice	
	Mixed Fruit	Mixed Fruit	
Wednesday 2nd March 2022			
Week 1	ES (RMII)	SS (RM12)	
Western Set Meal Lunch	Chicken Lasagna	Chicken Lasagna	
	Crispy Nachos	Crispy Nachos	
	Steamed Corn on Cob	Steamed Corn on Cob	
	Orange Sliced	Orange Sliced	
	Steamed Fish with Nyonya Asam Style	Steamed Fish with Nyonya Asam Style	
Asian Set Meal Lunch	Cantonese Fried Noodles Stir Fry Brinjal with Black Mushroom	Cantonese Fried Noodles Stir Fry Brinjal with Black Mushroom	
	Orange Sliced	Orange Sliced	
Vegetarian Set Meal Lunch	Baked Pasta with Broccoli Au Gratin	Baked Pasta with Broccoli Au Gratin	
	Crispy Nachos	Crispy Nachos	
	Orange Sliced	Orange Sliced	
Week 1		rd March 2022	
Western Set Meal Lunch	ES (RM11) Grilled Fish Nugget (homemade)	SS (RM12) Grilled Fish Nugget (homemade)	
	Tossed Penne Pasta with Parmesan	Tossed Penne Pasta with Parmesan Cheese	
	Cheese		
	Steamed Broccoli and Tomato with Herbs	Steamed Broccoli and Tomato with Herbs	
	Honeydew	Honeydew	
i	Japanese Chicken Curry	Japanese Chicken Curry	
	Japanese Chicken Curry Japanese Fried Rice with Scallion	Japanese Chicken Curry Japanese Fried Rice with Scallion	
Asian Set Meal Lunch	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red	Japanese Fried Rice with Scallion	
Asian Set Meal Lunch	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red Cabbage	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red Cabbage	
Asian Set Meal Lunch	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red	Japanese Fried Rice with Scallion	
	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red Cabbage Honeydew Vegetable Tempura Served with Japanese Bean Curn and Teriyaki Sauce	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red Cabbage Honeydew Vegetable Tempura Served with Japanese Bean Curn and Teriyaki Sauce	
Asian Set Meal Lunch Vegetarian Set Meal Lunch	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red Cabbage Honeydew Vegetable Tempura Served with Japanese Bean Curn and Teriyaki Sauce Japanese Fried Rice with Scallion	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red Cabbage Honeydew Vegetable Tempura Served with Japanese Bean Curn and Teriyaki Sauce Japanese Fried Rice with Scallion	
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Vegetarian Set Meal Lunch	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red Cabbage Honeydew Vegetable Tempura Served with Japanese Bean Curn and Teriyaki Sauce Japanese Fried Rice with Scallion Honeydew Friday 4th ES (RMII) Oven Baked Fish with Maditerrean Style Tossed Spaghetti with Herbs Oil	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red Cabbage Honeydew Vegetable Tempura Served with Japanese Bean Curn and Teriyaki Sauce Japanese Fried Rice with Scallion Honeydew March 2022 SS (RMI2) Oven Baked Fish with Maditerrean Style Tossed Spaghetti with Herbs Oil	
Vegetarian Set Meal Lunch Week 1	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red Cabbage Honeydew Vegetable Tempura Served with Japanese Bean Curn and Teriyaki Sauce Japanese Fried Rice with Scallion Honeydew Friday 4th ES (RMII) Oven Baked Fish with Maditerrean Style Tossed Spaghetti with Herbs Oil Steamed French Bean with Herbs	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red Cabbage Honeydew Vegetable Tempura Served with Japanese Bean Curn and Teriyaki Sauce Japanese Fried Rice with Scallion Honeydew March 2022 SS (RM12) Oven Baked Fish with Maditerrean Style Tossed Spaghetti with Herbs Oil Steamed French Bean with Herbs	
Vegetarian Set Meal Lunch Week 1	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red Cabbage Honeydew Vegetable Tempura Served with Japanese Bean Curn and Teriyaki Sauce Japanese Fried Rice with Scallion Honeydew Friday 4th ES (RMII) Oven Baked Fish with Maditerrean Style Tossed Spaghetti with Herbs Oil Steamed French Bean with Herbs Red Watermelon	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red Cabbage Honeydew Vegetable Tempura Served with Japanese Bean Curn and Teriyaki Sauce Japanese Fried Rice with Scallion Honeydew March 2022 SS (RM12) Oven Baked Fish with Maditerrean Style Tossed Spaghetti with Herbs Oil Steamed French Bean with Herbs Red Watermelon	
Vegetarian Set Meal Lunch Week 1 Western Set Meal Lunch	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red Cabbage Honeydew Vegetable Tempura Served with Japanese Bean Curn and Teriyaki Sauce Japanese Fried Rice with Scallion Honeydew Friday 4th ES (RM11) Oven Baked Fish with Maditerrean Style Tossed Spaghetti with Herbs Oil Steamed French Bean with Herbs Red Watermelon Roasted Chicken Sesame Sauce	Japanese Fried Rice with Scallion Stir Fry Vegetable Daikon and Red Cabbage Honeydew Vegetable Tempura Served with Japanese Bean Curn and Teriyaki Sauce Japanese Fried Rice with Scallion Honeydew March 2022 SS (RM12) Oven Baked Fish with Maditerrean Style Tossed Spaghetti with Herbs Oil Steamed French Bean with Herbs Red Watermelon Roasted Chicken Sesame Sauce	
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