

Week 3	Monday 14th February 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Roasted Peri-Peri Chicken with Sauce Macaroni Aglio e Olio Steamed Herbs Broccoli Mixed Fruit	Roasted Peri-Peri Chicken with Sauce Macaroni Aglio e Olio Steamed Herbs Broccoli Mixed Fruit
Asian Set Meal Lunch	Fried Fish with Lemon Honey Sauce Chinese Fried Rice Stir Fried Baby Kailan with Mushroom Sauce Mixed Fruit	Fried Fish with Lemon Honey Sauce Chinese Fried Rice Stir Fried Baby Kailan with Mushroom Sauce Mixed Fruit
Vegetarian Set Meal Lunch	Mediterranean Vegetable Ratatouille Tossed Macaroni Mixed Fruit	Mediterranean Vegetable Ratatouille Tossed Macaroni Mixed Fruit

Week 3	Tuesday 15th February 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Grilled Fish with Lemon Butter Sauce Steamed Potatoes with Rosemary Vegetable Creamy Sauteed Tomato Honey Dew	Grilled Fish with Lemon Butter Sauce Steamed Potatoes with Rosemary Vegetable Creamy Sauteed Tomato Honey Dew
Asian Set Meal Lunch	Oven Baked Sesame Chicken with Sauce Steamed Jasmine Rice Sauteed Mix Cabbage Honey Dew	Oven Baked Sesame Chicken with Sauce Steamed Jasmine Rice Sauteed Mix Cabbage Honey Dew
Vegetarian Set Meal Lunch	Thai Vegetable Stir Fry with Tofu Thai Mushroom Fried Rice Honey Dew	Thai Vegetable Stir Fry with Tofu Thai Mushroom Fried Rice Honey Dew

Week 3	Wednesday 16th February 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Chicken Bolognese with Parmesan Cheese Tossed Spaghetti (Organic Pasta) Tomato and Broccoli Provencal Orange Slice	Chicken Bolognese with Parmesan Cheese Tossed Spaghetti (Organic Pasta) Tomato and Broccoli Provencal Orange Slice
Asian Set Meal Lunch	Chicken Murgh Curry with Potatoes Steamed Basmati Rice with Indian Spice Stir Fry Okra (Bhindi Masala) Orange Slice	Chicken Murgh Curry with Potatoes Steamed Basmati Rice with Indian Spice Stir Fry Okra (Bhindi Masala) Orange Slice
Vegetarian Set Meal Lunch	Vegetable Dhal Curry Steamed Basmati Rice	Vegetable Dhal Curry Steamed Basmati Rice

Week 3	Thursday 17th February 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Baked Chicken Basil Pesto Steamed Jasmine Pilaf Rice Au Gratin Broccoli and Carrot Yellow Watermelon	Baked Chicken Basil Pesto Steamed Jasmine Pilaf Rice Au Gratin Broccoli and Carrot Yellow Watermelon
Asian Set Meal Lunch	Baked Thai Fish with Sauce Singapore Fried Noodles Stir Fried Kailan with Garlic Sauce Yellow Watermelon	Baked Thai Fish with Sauce Singapore Fried Noodles Stir Fried Kailan with Garlic Sauce Yellow Watermelon
Vegetarian Set Meal Lunch	Spaghetti Basil Pesto Au Gratin Broccoli and Carrot Yellow Watermelon	Spaghetti Basil Pesto Au Gratin Broccoli and Carrot Yellow Watermelon

Week 3	Friday 18th February 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Grilled Fish with Creamy Tomato Sauce Garlic Butter Herbs Penne Pasta Mexican Red Bean and Tomato Stew Red Watermelon	Grilled Fish with Creamy Tomato Sauce Garlic Butter Herbs Penne Pasta Mexican Red Bean and Tomato Stew Red Watermelon
Asian Set Meal Lunch	Roasted Ginger Soy Chicken Sesame Steamed Rice Sauteed Bean Sprouts with Garlic Red Watermelon	Roasted Ginger Soy Chicken Sesame Steamed Rice Sauteed Bean Sprouts with Garlic Red Watermelon
Vegetarian Set Meal Lunch	Deep Fry Japanese Tofu (Agedashi Tofu) Sauteed Bean Sprouts with Garlic Red Watermelon	Deep Fry Japanese Tofu (Agedashi Tofu) Sauteed Bean Sprouts with Garlic Red Watermelon