

Week 5	Monday 28th March 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Roasted Chicken with Black Pepper Sauce Italian Herbs Rice Steamed Herbs Broccoli Mixed Fruit	Roasted Chicken with Black Pepper Sauce Italian Herbs Rice Steamed Herbs Broccoli Mixed Fruit
Asian Set Meal Lunch	Fried Fish with Basil Thai Sauce Cantonese Wantan Fried Noodles Stir Fry Long Cabbage with Sesame Mixed Fruit	Fried Fish with Basil Thai Sauce Cantonese Wantan Fried Noodles Stir Fry Long Cabbage with Sesame Mixed Fruit
Vegetarian Set Meal Lunch	Vegetarian Hummus Wrap Fresh Salad and Vinaigrette Lemon Mixed Fruit	Vegetarian Hummus Wrap Fresh Salad and Vinaigrette Lemon Mixed Fruit

Week 5	Tuesday 29th March 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Crusted Baked Fish with Mustard Sauce Mashed Potatoes Sauteed Broccoli with Mushroom Honeydew	Crusted Baked Fish with Mustard Sauce Mashed Potatoes Sauteed Broccoli with Mushroom Honeydew
Asian Set Meal Lunch	Kung Pao Fried Chicken Steamed Jasmine Rice Sauteed Mix Cabbage and Mushroom Wok Style Honeydew	Kung Pao Fried Chicken Steamed Jasmine Rice Sauteed Mix Cabbage and Mushroom Wok Style Honeydew
Vegetarian Set Meal Lunch	Stuffed Tofu with Thai Sauce Steamed Jasmine Rice Honeydew	Stuffed Tofu with Thai Sauce Steamed Jasmine Rice Honeydew

Week 5	Wednesday 30th March 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Maroccan Chicken Steaw Tossed Spaghetti with Butter Herbs Steamed Butter Corn Orange Sliced	Maroccan Chicken Steaw Tossed Spaghetti with Butter Herbs Steamed Butter Corn Orange Sliced
Asian Set Meal Lunch	Steamed Fish with Ginger and Mushroom Singapore Fried noodles Stir Fried Kailan with Garlic Orange Sliced	Steamed Fish with Ginger and Mushroom Singapore Fried noodles Stir Fried Kailan with Garlic Orange Sliced
Vegetarian Set Meal Lunch	Moroccan Vegetarian Steaw Steamed Cous-Cous Orange Sliced	Moroccan Vegetarian Steaw Steamed Cous-Cous Orange Sliced

Week 5	Thursday 31st March 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Grilled Fish with Tomato Salsa Sauce Butter Herbs Steamed Rice Sauteed Parmesan Tomato and Cilantro Oil Yellow Watermelon	Grilled Fish with Tomato Salsa Sauce Butter Herbs Steamed Rice Sauteed Parmesan Tomato and Cilantro Oil Yellow Watermelon
Asian Set Meal Lunch	Sauteed Chicken with Teriyaki Sauce Hong Kong Fried Noodle Stir Fry Mix Cabbage with Soy Yellow Watermelon	Sauteed Chicken with Teriyaki Sauce Hong Kong Fried Noodle Stir Fry Mix Cabbage with Soy Yellow Watermelon
Vegetarian Set Meal Lunch	Roasted Potatoes Nachos and Salsa Sauce Yellow Watermelon	Roasted Potatoes Nachos and Salsa Sauce Yellow Watermelon

Week 5	Friday 1st April 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Oven Baked Fish with Aioli Lemon Zest Garlic Butter Herbs Penne Pasta Steamed Green Peas with Carrot Red Watermelon	Oven Baked Fish with Aioli Lemon Zest Garlic Butter Herbs Penne Pasta Steamed Green Peas with Carrot Red Watermelon
Asian Set Meal Lunch	Korean BBQ Chicken Mushroom and Ginger Steamed Rice Mix Cabbage with Garlic Mayo Dressing Red Watermelon	Korean BBQ Chicken Mushroom and Ginger Steamed Rice Mix Cabbage with Garlic Mayo Dressing Red Watermelon
Vegetarian Set Meal Lunch	Deep Fry Tofu with Korean Sauce Mushroom and Ginger Steamed Rice Red Watermelon	Deep Fry Tofu with Korean Sauce Mushroom and Ginger Steamed Rice Red Watermelon