Week 3	Monday 14th March 2022		
Weeks	ES (RMII)	SS (RM12)	
	Roasted Lemon Parmesan Chicken	Roasted Lemon Parmesan Chicken	
Western Set Meal Lunch	Tossed Spiral Pasta	Tossed Spiral Pasta	
	Creamy Braised Cabbage	Creamy Braised Cabbage	
	Yellow Watermelon Crispy Fish with Soy Mushroom Soy	Yellow Watermelon	
Asian Set Meal Lunch	Steamed Jasmine Rice	Crispy Fish with Soy Mushroom Soy Steamed Jasmine Rice	
	Stir Fry Kailan with Oyster Sauce and Garlic	Stir Fry Kailan with Oyster Sauce and Garlic	
	Yellow Watermelon	Yellow Watermelon	
	Roasted Pumpkin with Parmesan	Roasted Pumpkin with Parmesan	
Vegetarian Set Meal Lunch	Tossed Spiral Pasta	Tossed Spiral Pasta	
	Yellow Watermelon	Yellow Watermelon	
Week 3	Tuesday 15th March 2022		
ES (RMII) SS (RMI2)			
Western Set Meal Lunch	Grilled Fish with Lemon Butter Sauce	Grilled Fish with Lemon Butter Sauce	
	Steamed Potatoes with Rosemary	Steamed Potatoes with Rosemary	
	Honey Glazed Carrot with Herbs	Honey Glazed Carrot with Herbs	
	Mixed Fruit	Mixed Fruit	
	Mongolian Chicken	Mongolian Chicken	
Asian Set Meal Lunch	Steamed Fragrance Rice	Steamed Fragrance Rice	
	Stir Fry Long Bean with Tofu	Stir Fry Long Bean with Tofu Mixed Fruit	
	Mixed Fruit		
Vegetarian Set Meal Lunch	Hainanese Fried Tofu with Saseme	Hainanese Fried Tofu with Saseme	
vegetarian set Meal Lunch	Steamed Fragrance Rice Mixed Fruit	Steamed Fragrance Rice Mixed Fruit	
	Mixea Fruit	Mixed Fruit	
Wednesday 16th March 2022			
Week 3	ES (RMII)	SS (RM12)	
Western Set Meal Lunch	Chicken Lasagna	Chicken Lasagna	
	Crispy Nachos	Crispy Nachos	
	Steamed Cornon Cob	Steamed Cornon Cob	
	Orange Sliced	Orange Sliced	
Asian Set Meal Lunch	Steamed Fish with Nyonya Asam Style	Steamed Fish with Nyonya Asam Style	
	Cantonese Fried Nood <b>l</b> es	Cantonese Fried Noodles	
	Stir Fry Brinjal with Black Mushroom	Stir Fry Brinjal with Black Mushroom	
Vegetarian Set Meal Lunch	Orange Sliced	Orange Sliced	
	Baked Pasta with Broccoli Au Gratin	Baked Pasta with Broccoli Au Gratin	
	Crispy Nachos Orange Sliced	Crispy Nachos Orange Sliced	
	Orange Sliced	Orange Sliced	
Thursday 17th March 2022			
Week 3	ES (RMII)	SS (RM12)	
	Fish Nugget (homemade)	Fish Nugget (homemade)	
	Tossed Penne Pasta with Parmesan Cheese	Tossed Penne Pasta with Parmesan Cheese	
Western Set Meal Lunch	Steamed Broccoli and Tomato with Herbs	Steamed Broccoli and Tomato with Herbs	
	Honeydew	Honeydew	
	Japanese Chicken Curry	Japanese Chicken Curry	
Asian Set Meal Lunch	Japanese Fried Rice with Scallion	Japanese Fried Rice with Sca <b>ll</b> ion	
	Stir Fry Vegetable Daikon and Red Cabbage	Stir Fry Vegetable Daikon and Red Cabbage	
	Honeydew	Honeydew	
Vegetarian Set Meal Lunch	Vegetable Tempura Served with Japanese Bean Curn and Teriyaki Sauce	Vegetable Tempura Served with Japanese Bean Curn and Teriyaki Sauce	
	Japanese Fried Rice with Scallion	Japanese Fried Rice with Scallion	
	Honeydew	Honeydew	
Week 3			
	ES (RM11)	SS (RM12)	
	Oven Baked Fish with Maditerrean Style	Oven Baked Fish with Maditerrean Style	
Western Set Meal Lunch	Tossed Spaghetti with Herbs Oil	Tossed Spaghetti with Herbs Oil	
	Steamed French Bean with Herbs	Steamed French Bean with Herbs	
	Red Watermelon	Red Watermelon	
	Roasted Chicken Sesame Sauce	Roasted Chicken Sesame Sauce	
Asian Set Meal Lunch	Steamed Ginger Rice	Steamed Ginger Rice	
	Stir Fry Sprout with Garlic	Stir Fry Sprout with Garlic	
	Red Watermelon  Red Bean and Corn Quesadilla	Red Watermelon  Red Bean and Corn Quesadilla	
Vegetarian Set Meal Lunch	Tossed Spaghetti with Herbs Oil	Tossed Spaghetti with Herbs Oil	
	Red Watermelon	Red Watermelon	
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