

Week 3	Monday 16th May 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Roasted Black Pepper Chicken Peruvian Style Roasted Potatoes with Herbs and Butter Grilled Corn on Cob with Butter Yellow Watermelon	Roasted Black Pepper Chicken Peruvian Style Roasted Potatoes with Herbs and Butter Grilled Corn on Cob with Butter Yellow Watermelon
Asian Set Meal Lunch	Crispy Fried Fish with Sweet and Sour Sauce Steamed Jasmine Rice Stir Fry Cabbage with Scallion Yellow Watermelon	Crispy Fried Fish with Sweet and Sour Sauce Steamed Jasmine Rice Stir Fry Cabbage with Scallion Yellow Watermelon
Vegetarian Set Meal Lunch	Oven Baked Macaroni with Cream Spinach and Garbanzo Grilled Corn on Cob with Butter Yellow Watermelon	Oven Baked Macaroni with Cream Spinach and Garbanzo Grilled Corn on Cob with Butter Yellow Watermelon
Week 3	Tuesday 17th May 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Pan Sear Fish Cilantro Pesto Macaroni and Cheese Oven Baked Tomato Pruvencal Mixed Fruit	Pan Sear Fish Cilantro Pesto Macaroni and Cheese Oven Baked Tomato Pruvencal Mixed Fruit
Asian Set Meal Lunch	Crispy Lemon Butter Chicken Steamed Jasmine Rice Sauteed Long Bean with Garlic Mixed Fruit	Crispy Lemon Butter Chicken Steamed Jasmine Rice Sauteed Long Bean with Garlic Mixed Fruit
Vegetarian Set Meal Lunch	Hainanese Fried Tofu with Cream Butter Sauce Steamed Jasmine Rice Mixed Fruit	Hainanese Fried Tofu with Cream Butter Sauce Steamed Jasmine Rice Mixed Fruit
Week 3	Wednesday 18th May 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Chicken Nugget Tossed Spaghetti with Promodoro Sauce Sauteed Cabbage with Herbs Orange Sliced	Chicken Nugget Tossed Spaghetti with Promodoro Sauce Sauteed Cabbage with Herbs Orange Sliced
Asian Set Meal Lunch	Fish Nyonya Curry with Okra Steamed Basmati Rice with Cardamon Sir Fry Okra with Oyster Sauce Orange Sliced	Fish Nyonya Curry with Okra Steamed Basmati Rice with Cardamon Sir Fry Okra with Oyster Sauce Orange Sliced
Vegetarian Set Meal Lunch	Baked Tomato Pasta with Broccoli and Chickpeas Sauteed Cabbage with Herbs Orange Sliced	Baked Tomato Pasta with Broccoli and Chickpeas Sauteed Cabbage with Herbs Orange Sliced
Week 3	Thursday 19th May 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Crusted Baked Fish with Dill Herbs Steamed Potatoes with Herbs Steamed Broccoli with Herbs Honeydew	Crusted Baked Fish with Dill Herbs Steamed Potatoes with Herbs Steamed Broccoli with Herbs Honeydew
Asian Set Meal Lunch	Japanese Chicken Katsu Curry Japanese Steamed Rice with Sesame Stir Fry Vegetable Daikon and Red Cabbage Honeydew	Japanese Chicken Katsu Curry Japanese Steamed Rice with Sesame Stir Fry Vegetable Daikon and Red Cabbage Honeydew
Vegetarian Set Meal Lunch	Fried Beancurd Roll with Japanese Curry Sauce Japanese Steamed Rice with Sesame Honeydew	Fried Beancurd Roll with Japanese Curry Sauce Japanese Steamed Rice with Sesame Honeydew
Week 3	Friday 20th May 2022	
	ES (RM11)	SS (RM12)
Western Set Meal Lunch	Portuguese Chicken with Sauce Tossed Spaghetti with Herbs Oil Steamed French Bean with Herbs Whole Banana	Portuguese Chicken with Sauce Tossed Spaghetti with Herbs Oil Steamed French Bean with Herbs Whole Banana
Asian Set Meal Lunch	Steamed Fish with Soy and Mushroom Sauce Steamed Ginger Rice Stir Fry Bean Sprout with Garlic Whole Banana	Steamed Fish with Soy and Mushroom Sauce Steamed Ginger Rice Stir Fry Bean Sprout with Garlic Whole Banana
Vegetarian Set Meal Lunch	Steamed Tofu with Black Muchroom Sauce Steamed Rice Whole Banana	Steamed Tofu with Black Muchroom Sauce Steamed Rice Whole Banana