

Week 1	1 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	CHICKEN BURGER COLESLAW FRENCH FRIES RED WATERMELON	CHICKEN BURGER COLESLAW FRENCH FRIES RED WATERMELON
Asian Set Meal Lunch	FISH MASSAMAN CURRY INDIAN PILAF RICE STIR FRIED LONG CABBAGE WITH TURMERIC RED WATERMELON	FISH MASSAMAN CURRY INDIAN PILAF RICE STIR FRIED CABBAGE RED WATERMELON
Vegetarian Set Meal Lunch	POTATO AND CHICKPEA ALOO MATAR RED WATERMELON	POTATO AND CHICKPEA ALOO MATAR RED WATERMELON

Week 1	2 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	GRILLED PESTO FISH STEAMED BUTTON CARROT PILAF RICE HONEY DEW	GRILLED PESTO FISH STEAMED BUTTON CARROT PILAF RICE HONEY DEW
Asian Set Meal Lunch	ORIENTAL SOUR CHICKEN STIR FRIED PAK CHOY WITH EGG SINGAPORE FRIED NOODLES HONEY DEW	ORIENTAL SOUR CHICKEN STIR FRIED PAK CHOY WITH EGG SINGAPORE FRIED NOODLES HONEY DEW
Vegetarian Set Meal Lunch	CRISPY TOFU WITH SWEET AND SOUR SAUCE HONEY DEW	CRISPY TOFU WITH SWEET AND SOUR SAUCE HONEY DEW

Week 1	3 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	CHICKEN STEW GRILLED ZUCCHINI AND TOMATO BOILED POTATOES AND PARSLEY Whole Apple	CHICKEN STEW GRILLED ZUCCHINI AND TOMATO BOILED POTATOES AND PARSLEY Whole Apple
Asian Set Meal Lunch	GOLDEN FRIED FISH WITH BLACK FUNGUS SAUCE SAUTEED KAILAN STEAMED WHITE RICE Whole Apple	GOLDEN FRIED FISH WITH BLACK FUNGUS SAUCE SAUTEED KAILAN STEAMED WHITE RICE Whole Apple
Vegetarian Set Meal Lunch	TOMATO AND EGG SHAKSHUKA Whole Apple	TOMATO AND EGG SHAKSHUKA Whole Apple

Week 1	4 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	CRUMBED PARMESAN FISH WITH TOMATO SALSA STEAMED BROCOLI ROASTED POTATO YELLOW WATERMELON	CRUMBED PARMESAN FISH WITH TOMATO SALSA STEAMED BROCCOLI ROASTED POTATO YELLOW WATERMELON
Asian Set Meal Lunch	HAYASHI CHICKEN SAUTEED CABBAGE WITH TURMERIC JASMINE RICE YELLOW WATERMELON	HAYASHI CHOCKEN SAUTEED CABBAGE WITH TURMERIC JASMINE RICE YELLOW WATERMELON
Vegetarian Set Meal Lunch	BEAN CURD WITH JAPANESE CURRY YELLOW WATERMELON	BEAN CURD WITH JAPANESE CURRY YELLOW WATERMELON

Week 1	5 April 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	CHICKEN BOLOGNESE SAUTEED CAULIFLOWER AND GREEN PEAS SPAGHETTI ORANGE WEDGES	CHICKEN BOLOGNESE SAUTEED CAULIFLOWER AND GREEN PEAS SPAGHETTI ORANGE WEDGES
Asian Set Meal Lunch	STEAMED THAI FISH PAD PAK RUAMIT VEGETABLE PAD THAI NOODLES ORENGE WEDGES	STEAMED THAI FISH PAD PAK RUAMIT VEGETABLE PAD THAI NOODLES ORANGE WEDGES
Vegetarian Set Meal Lunch	MIXED BEAN VEGETABLE STEW ORANGE WEDGES	MIXED BEAN VEGETABLE STEW ORANGE WEDGES

Week 2	Monday 8 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	OVEN BAKED FISH WITH TARTAR SAUCE STEAMED BROCCOLI POTATO WEDGES RED WATERMELON	OVEN BAKED FISH WITH TARTAR SAUCE STEAMED BROCCOLI POTATO WEDGES RED WATERMELON
Asian Set Meal Lunch	BLACK PEPPER CHICKEN SAUTEED LONG CABBAGE JASMINE RICE RED WATERMELON	BLACK PEPPER CHICKEN SAUTEED LONG CABBAGE JASMINE RICE RED WATERMELON
Vegetarian Set Meal Lunch	ROASTED TEMPE RED WATERMELON	ROASTED TEMPE RED WATERMELON

Week 2	9 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	CARIBBEAN FISH STEW STEAMED FRENCH BEANS PENNE PASTA HONEY DEW	CARIBBEAN FISH STEW STEAMED FRENCH BEANS PENNE PASTA HONEY DEW
Asian Set Meal Lunch	THAI BASIL CHICKEN SAUTEED KAILAN WITH GARLIC WHITE RICE WITH SCALLION HONEY DEW	THAI BASIL CHICKEN SAUTEED KAILAN WITH GARLIC WHITE RICE WITH SCALLION HONEY DEW
Vegetarian Set Meal Lunch	FRIED TEMPE WITH BASIL SAUCE HONEY DEW	FRIED TEMPE WITH BASIL SAUCE HONEY DEW

Week 3	10 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	CHICKEN SCHNITZEL WITH GRAVY GARDEN SALAD MASHED POTATO ORANGE WEDGES	CHICKEN SCHNITZEL WITH GRAVY GARDEN SALAD MASHED POTATO ORANGE WEDGES
Asian Set Meal Lunch	GRILLED FISH WITH TARMARIND SAUCE OYSTER PAK CHOY CHINESE FRIED RICE ORANGE WEDGES	GRILLED FISH WITH TARMARIND SAUCE OYSTER PAK CHOY CHINESE FRIED RICE ORANGE WEDGES
Vegetarian Set Meal Lunch	FALAFEL WITH TZATZKI ORANGE WEDGES	FALAFEL WITH TZATZKI ORANGE WEDGES

Week 3	11 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	GRILLED FISH WITH LEMON BUTTER SAUCE STEAMED FRENCH BEANS PILAF RICE YELLOW WATERMELON	GRILLED FISH WITH LEMON BUTTER SAUCE STEAMED FRENCH BEANS PILAF RICE YELLOW WATERMELON
Asian Set Meal Lunch	KOREAN CHICKEN STIR FRIED DAIKON AND CARROT RAMEN FRIED NOODLES YELLOW WATERMELON	KOREAN CHICKEN STIR FRIED DAIKON AND CARROT RAMEN FRIED NOODLES YELLOW WATERMELON
Vegetarian Set Meal Lunch	JAPANESE TOFU WITH KOREAN SAUCE YELLOW WATERMELON	JAPANESE TOFU WITH KOREAN SAUCE YELLOW WATERMELON

Week 3	12 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	PAPRIKA ROASTED CHICKEN HONEY GLAZED CARROTS OVEN BAKED POTATO BANANA	PAPRIKA ROASTED CHICKEN HONEY GLAZED CARROTS OVEN BAKED POTATO BANANA
Asian Set Meal Lunch	FISH KARAAGE WITH GARLIC COMFIT AIOLI STIR FRIED TAU MIU WITH MUSHROOM WHITE RICE BANANA	FISH KARAAGE WITH GARLIC COMFIT AIOLI STIR FRIED TAU MIU WITH MUSHROOM WHITE RICE BANANA
Vegetarian Set Meal Lunch	ROASTED PARMIGIANA BRINJAL WITH CHICKPEAS BANANA	ROASTED PARMIGIANA BRINJAL WITH CHICKPEAS BANANA

Week 4	15 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	CHICKEN BURGER COLESLAW FRENCH FRIES RED WATERMELON	CHICKEN BURGER COLESLAW FRENCH FRIES RED WATERMELON
Asian Set Meal Lunch	FISH MASSAMAN CURRY INDIAN PILAF RICE STIR FRIED LONG CABBAGE WITH TURMERIC RED WATERMELON	FISH MASSAMAN CURRY INDIAN PILAF RICE STIR FRIED CABBAGE RED WATERMELON
Vegetarian Set Meal Lunch	POTATO AND CHICKPEA ALOO MATAR RED WATERMELON	POTATO AND CHICKPEA ALOO MATAR RED WATERMELON
Week 4	16 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	GRILLED PESTO FISH STEAMED BUTTON CARROT PILAF RICE HONEY DEW	GRILLED PESTO FISH STEAMED BUTTON CARROT PILAF RICE HONEY DEW
Asian Set Meal Lunch	ORIENTAL SOUR CHICKEN STIR FRIED PAK CHOY WITH EGG SINGAPORE FRIED NOODLES HONEY DEW	ORIENTAL SOUR CHICKEN STIR FRIED PAK CHOY WITH EGG SINGAPORE FRIED NOODLES HONEY DEW
Vegetarian Set Meal Lunch	CRISPY TOFU WITH SWEET AND SOUR SAUCE HONEY DEW	CRISPY TOFU WITH SWEET AND SOUR SAUCE HONEY DEW
Week 4	17 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	CHICKEN STEW GRILLED ZUCCHINI AND TOMATO BOILED POTATOES AND PARSLEY Whole Apple	CHICKEN STEW GRILLED ZUCCHINI AND TOMATO BOILED POTATOES AND PARSLEY Whole Apple
Asian Set Meal Lunch	GOLDEN FRIED FISH WITH BLACK FUNGUS SAUCE SAUTEED KAILAN STEAMED WHITE RICE Whole Apple	GOLDEN FRIED FISH WITH BLACK FUNGUS SAUCE SAUTEED KAILAN STEAMED WHITE RICE Whole Apple
Vegetarian Set Meal Lunch	TOMATO AND EGG SHAKSHUKA Whole Apple	TOMATO AND EGG SHAKSHUKA Whole Apple
Week 4	18 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	CRUMBED PARMESAN FISH WITH TOMATO SALSA STEAMED BROCOLI ROASTED POTATO YELLOW WATERMELON	CRUMBED PARMESAN FISH WITH TOMATO SALSA STEAMED BROCCOLI ROASTED POTATO YELLOW WATERMELON
Asian Set Meal Lunch	HAYASHI CHICKEN SAUTEED CABBAGE WITH TURMERIC JASMINE RICE YELLOW WATERMELON	HAYASHI CHICKEN SAUTEED CABBAGE WITH TURMERIC JASMINE RICE YELLOW WATERMELON
Vegetarian Set Meal Lunch	BEAN CURD WITH JAPANESE CURRY YELLOW WATERMELON	BEAN CURD WITH JAPANESE CURRY YELLOW WATERMELON
Week 4	19 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	CHICKEN BOLOGNESE SAUTEED CAULIFLOWER AND GREEN PEAS SPAGHETTI ORANGE WEDGES	CHICKEN BOLOGNESE SAUTEED CAULIFLOWER AND GREEN PEAS SPAGHETTI ORANGE WEDGES
Asian Set Meal Lunch	STEAMED THAI FISH PAD PAK RUAMIT VEGETABLE PAD THAI NOODLES ORANGE WEDGES	STEAMED THAI FISH PAD PAK RUAMIT VEGETABLE PAD THAI NOODLES ORANGE WEDGES
Vegetarian Set Meal Lunch	MIXED BEAN VEGETABLE STEW ORANGE WEDGES	MIXED BEAN VEGETABLE STEW ORANGE WEDGES

Week 5	Monday 22 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	OVEN BAKED FISH WITH TARTAR SAUCE STEAMED BROCCOLI POTATO WEDGES RED WATERMELON	OVEN BAKED FISH WITH TARTAR SAUCE STEAMED BROCCOLI POTATO WEDGES RED WATERMELON
Asian Set Meal Lunch	BLACK PEPPER CHICKEN SAUTEED LONG CABBAGE JASMINE RICE RED WATERMELON	BLACK PEPPER CHICKEN SAUTEED LONG CABBAGE JASMINE RICE RED WATERMELON
Vegetarian Set Meal Lunch	ROASTED TEMPE RED WATERMELON	ROASTED TEMPE RED WATERMELON
Week 5	23 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	CARIBBEAN FISH STEW STEAMED FRENCH BEANS PENNE PASTA HONEY DEW	CARIBBEAN FISH STEW STEAMED FRENCH BEANS PENNE PASTA HONEY DEW
Asian Set Meal Lunch	THAI BASIL CHICKEN SAUTEED KAILAN WITH GARLIC WHITE RICE WITH SCALLION HONEY DEW	THAI BASIL CHICKEN SAUTEED KAILAN WITH GARLIC WHITE RICE WITH SCALLION HONEY DEW
Vegetarian Set Meal Lunch	FRIED TEMPE WITH BASIL SAUCE HONEY DEW	FRIED TEMPE WITH BASIL SAUCE HONEY DEW
Week 5	24 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	CHICKEN SCHNITZEL WITH GRAVY GARDEN SALAD MASHED POTATO ORANGE WEDGES	CHICKEN SCHNITZEL WITH GRAVY GARDEN SALAD MASHED POTATO ORANGE WEDGES
Asian Set Meal Lunch	GRILLED FISH WITH TARMARIND SAUCE OYSTER PAK CHOY CHINESE FRIED RICE ORANGE WEDGES	GRILLED FISH WITH TARMARIND SAUCE OYSTER PAK CHOY CHINESE FRIED RICE ORANGE WEDGES
Vegetarian Set Meal Lunch	FALAFEL WITH TZATZKI ORANGE WEDGES	FALAFEL WITH TZATZKI ORANGE WEDGES
Week 5	25 May 2023	
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	GRILLED FISH WITH LEMON BUTTER SAUCE STEAMED FRENCH BEANS PILAF RICE YELLOW WATERMELON	GRILLED FISH WITH LEMON BUTTER SAUCE STEAMED FRENCH BEANS PILAF RICE YELLOW WATERMELON
Asian Set Meal Lunch	KOREAN CHICKEN STIR FRIED DAIKON AND CARROT RAMEN FRIED NOODLES YELLOW WATERMELON	KOREAN CHICKEN STIR FRIED DAIKON AND CARROT RAMEN FRIED NOODLES YELLOW WATERMELON
Vegetarian Set Meal Lunch	JAPANESE TOFU WITH KOREAN SAUCE YELLOW WATERMELON	JAPANESE TOFU WITH KOREAN SAUCE YELLOW WATERMELON
Week 5		
	ES (RM12)	SS (RM13)
Western Set Meal Lunch	PAPRIKA ROASTED CHICKEN HONEY GLAZED CARROTS OVEN BAKED POTATO BANANA	PAPRIKA ROASTED CHICKEN HONEY GLAZED CARROTS OVEN BAKED POTATO BANANA
Asian Set Meal Lunch	FISH KARAAGE WITH GARLIC COMFIT AIOLI STIR FRIED TAU MIU WITH MUSHROOM WHITE RICE BANANA	FISH KARAAGE WITH GARLIC COMFIT AIOLI STIR FRIED TAU MIU WITH MUSHROOM WHITE RICE BANANA
Vegetarian Set Meal Lunch	ROASTED PARMIGIANA BRINJAL WITH CHICHPEA BANANA	ROASTED PARMIGIANA BRINJAL WITH CHICKPEA BANANA