Week 1	1 May 2023			
Weeki	ES (RM12)	SS (RM13)		
	CHICKEN BURGER	CHICKEN BURGER		
Western Set Meal Lunch	COLESLAW	COLESLAW		
western set medi Lunch	FRENCH FRIES	FRENCH FRIES		
	RED WATERMELON	RED WATERMELON		
	FISH MASSAMAN CURRY	FISH MASSAMAN CURRY		
A sinus Ost Ma ul Luus ala	INDIAN PILAF RICE	INDIAN PILAF RICE		
Asian Set Meal Lunch	STIR FRIED LONG CABBAGE WITH TURMERIC	STIR FRIED CABBAGE		
	RED WATERMELON	RED WATERMELON		
	POTATO AND CHICKPEA ALOO MATAR	POTATO AND CHICKPEA ALOO MATAR		
Vegetarian Set Meal Lunch	RED WATERMELON	RED WATERMELON		
Week 1	2 May 2023			
Weeki	ES (RM12)	SS (RM13)		
	GRILLED PESTO FISH	GRILLED PESTO FISH		
Western Set Meal Lunch	STEAMED BUTTON CARROT	STEAMED BUTTON CARROT		
western set meartunch	PILAF RICE	PILAF RICE		
	HONEY DEW	HONEY DEW		
	ORIENTAL SOUR CHICKEN	ORIENTAL SOUR CHICKEN		
	STIR FRIED PAK CHOY WITH EGG	STIR FRIED PAK CHOY WITH EGG		
Asian Set Meal Lunch	SINGAPORE FRIED NOODLES	SINGAPORE FRIED NOODLES		
	HONEY DEW	HONEY DEW		
	CRISPY TOFU WITH SWEET AND SOUR SAUCE	CRISPY TOFU WITH SWEET AND SOUR SAUCE		
Vegetarian Set Meal Lunch	HONEY DEW	HONEY DEW		
		1.2.1.2.2.2.1		
Wooki	3 M	lay 2023		
Week 1	ES (RM12)	SS (RM13)		
	CHICKEN STEW	CHICKEN STEW		
	GRILLED ZUCCHINI AND TOMATO	GRILLED ZUCCHINI AND TOMATO		
Western Set Meal Lunch	BOILED POTATOES AND PARSLEY	BOILED POTATOES AND PARSLEY		
	Whole Apple	Whole Apple		
	GOLDEN FRIED FISH WITH BLACK FUNGUS SAUCE	GOLDEN FRIED FISH WITH BLACK FUNGUS SAUCE		
	SAUTEED KAILAN	SAUTEED KAILAN		
Asian Set Meal Lunch	STEAMED WHITE RICE	STEAMED WHITE RICE		
	Whole Apple	Whole Apple		
V	TOMATO AND EGG SHAKSHUKA	TOMATO AND EGG SHAKSHUKA		
Vegetarian Set Meal Lunch	Whole Apple	Whole Apple		
Week 1	4 N	lay 2023		
	ES (RM12)	SS (RM13)		
	CRUMBED PARMESAN FISH WITH TOMATO SALSA	CRUMBED PARMESAN FISH WITH TOMATO SALSA		
Western Set Meal Lunch	STEAMED BROCOLI	STEAMED BROCCOLI		
	ROASTED POTATO	ROASTED POTATO		
	YELLOW WATERMELON	YELLOW WATERMELON		
	HAYASHI CHICKEN	HAYASHI CHOCKEN		
Asian Set Meal Lunch	SAUTEED CABBAGE WITH TURMERIC	SAUTEED CABBAGE WITH TURMERIC		
Asian Set Wear Lanen	JASMINE RICE	JASMINE RICE		
	YELLOW WATERMELON	YELLOW WATERMELON		
Vegetarian Set Meal Lunch	BEAN CURD WITH JAPANESE CURRY	BEAN CURD WITH JAPANESE CURRY		
Vegetarian Set Meal Lunch	YELLOW WATERMELON	YELLOW WATERMELON		
Week 1		pril 2023		
Week 1	5 A ES (RM12)	pril 2023 SS (RM13)		
Week 1				
Week 1  Western Set Meal Lunch	ES (RM12)	SS (RM13)		
	ES (RM12) CHICKEN BOLOGNESE	SS (RM13) CHICKEN BOLOGNESE		
	ES (RM12)  CHICKEN BOLOGNESE  SAUTEED CAULIFLOWER AND GREEN PEAS	SS (RM13)  CHICKEN BOLOGNESE  SAUTEED CAULIFLOWER AND GREEN PEAS		
	ES (RM12)  CHICKEN BOLOGNESE  SAUTEED CAULIFLOWER AND GREEN PEAS  SPAGHETTI	SS (RM13)  CHICKEN BOLOGNESE  SAUTEED CAULIFLOWER AND GREEN PEAS  SPAGHETTI		
Western Set Meal Lunch	ES (RM12)  CHICKEN BOLOGNESE  SAUTEED CAULIFLOWER AND GREEN PEAS  SPAGHETTI  ORANGE WEDGES	SS (RM13)  CHICKEN BOLOGNESE  SAUTEED CAULIFLOWER AND GREEN PEAS  SPAGHETTI  ORANGE WEDGES		
	ES (RM12)  CHICKEN BOLOGNESE  SAUTEED CAULIFLOWER AND GREEN PEAS  SPAGHETTI  ORANGE WEDGES  STEAMED THAI FISH	SS (RM13)  CHICKEN BOLOGNESE  SAUTEED CAULIFLOWER AND GREEN PEAS  SPAGHETTI  ORANGE WEDGES  STEAMED THAI FISH		
Western Set Meal Lunch	ES (RM12)  CHICKEN BOLOGNESE  SAUTEED CAULIFLOWER AND GREEN PEAS  SPAGHETTI  ORANGE WEDGES  STEAMED THAI FISH  PAD PAK RUAMIT VEGETABLE	SS (RM13)  CHICKEN BOLOGNESE  SAUTEED CAULIFLOWER AND GREEN PEAS  SPAGHETTI  ORANGE WEDGES  STEAMED THAI FISH  PAD PAK RUAMIT VEGETABLE		
Western Set Meal Lunch	ES (RM12)  CHICKEN BOLOGNESE  SAUTEED CAULIFLOWER AND GREEN PEAS  SPAGHETTI  ORANGE WEDGES  STEAMED THAI FISH  PAD PAK RUAMIT VEGETABLE  PAD THAI NOODLES	SS (RM13)  CHICKEN BOLOGNESE  SAUTEED CAULIFLOWER AND GREEN PEAS  SPAGHETTI  ORANGE WEDGES  STEAMED THAI FISH  PAD PAK RUAMIT VEGETABLE  PAD THAI NOODLES		

Work 9	Monday 8 May 2023		
Week 2	ES (RM12)	SS (RM13)	
	OVEN BAKED FISH WITH TARTAR SAUCE	OVEN BAKED FISH WITH TARTAR SAUCE	
Western Set Meal Lunch	STEAMED BROCCOLI	STEAMED BROCCOLI	
	POTATO WEDGES	POTATO WEDGES	
	RED WATERMELON	RED WATERMELON	
Asian Set Meal Lunch	BLACK PEPPER CHICKEN	BLACK PEPPER CHICKEN	
	SAUTEED LONG CABBAGE	SAUTEED LONG CABBAGE	
	JASMINE RICE	JASMINE RICE	
	RED WATERMELON	RED WATERMELON	
Vegetarian Set Meal Lunch	ROASTED TEMPE	ROASTED TEMPE	
	RED WATERMELON	RED WATERMELON	
9 May 2023			
Week 2	ES (RM12)	SS (RM13)	
	CARIBBEAN FISH STEW	CARIBBEAN FISH STEW	
W/a at a O at Ma will a a b	STEAMED FRENCH BEANS	STEAMED FRENCH BEANS	
Western Set Meal Lunch	PENNE PASTA	PENNE PASTA	
	HONEY DEW	HONEY DEW	
	THAI BASIL CHICKEN	THAI BASIL CHICKEN	
Asian Set Meal Lunch	SAUTEED KAILAN WITH GARLIC	SAUTEED KAILAN WITH GARLIC	
ASIAII SELIMEAI LUNCN	WHITE RICE WITH SCALLION	WHITE RICE WITH SCALLION	
	HONEY DEW	HONEY DEW	
Vegetarian Set Meal Lunch	FRIED TEMPE WITH BASIL SAUCE	FRIED TEMPE WITH BASIL SAUCE	
vegetariari set Mear Lanch	HONEY DEW	HONEY DEW	
		NA 0000	
Week 3		O May 2023	
	ES (RM12)	SS (RM13)	
	CHICKEN SCHNITZEL WITH GRAVY  GARDEN SALAD	CHICKEN SCHNITZEL WITH GRAVY  GARDEN SALAD	
Western Set Meal Lunch	MASHED POTATO	MASHED POTATO	
	ORANGE WEDGES	ORANGE WEDGES	
	GRILLED FISH WITH TARMARIND SAUCE	GRILLED FISH WITH TARMARIND SAUCE	
	OYSTER PAK CHOY	OYSTER PAK CHOY	
Asian Set Meal Lunch	CHINESE FRIED RICE	CHINESE FRIED RICE	
	ORANGE WEDGES	ORANGE WEDGES	
	FALAFEL WITH TZATZKI	FALAFEL WITH TZATZKI	
Vegetarian Set Meal Lunch	ORANGE WEDGES	ORANGE WEDGES	
Week 3		May 2023	
	ES (RM12)	SS (RM13)	
	GRILLED FISH WITH LEMON BUTTER SAUCE	GRILLED FISH WITH LEMON BUTTER SAUCE	
Western Set Meal Lunch	STEAMED FRENCH BEANS	STEAMED FRENCH BEANS PILAF RICE	
	PILAF RICE YELLOW WATERMELON	YELLOW WATERMELON	
	KOREAN CHICKEN	KOREAN CHICKEN	
	STIR FRIED DAIKON AND CARROT	STIR FRIED DAIKON AND CARROT	
Asian Set Meal Lunch	RAMEN FRIED NOODLES	RAMEN FRIED NOODLES	
	YELLOW WATERMELON	YELLOW WATERMELON	
	JAPANESE TOFU WITH KOREAN SAUCE	JAPANESE TOFU WITH KOREAN SAUCE	
Vegetarian Set Meal Lunch	YELLOW WATERMELON	YELLOW WATERMELON	
Week 3	12	2 May 2023	
	ES (RM12)	SS (RM13)	
	PAPRIKA ROASTED CHICKEN	PAPRIKA ROASTED CHICKEN	
Western Set Meal Lunch	HONEY GLAZED CARROTS	HONEY GLAZED CARROTS	
	OVEN BAKED POTATO	OVEN BAKED POTATO	
	BANANA	BANANA	
	FISH KARAAGE WITHGARLIC COMFIT AIOLI	FISH KARAAGE WITH GARLIC COMFIT AIOLI	
Asian Set Meal Lunch	STIR FRIED TAU MIU WITH MUSHROOM	STIR FRIED TAU MIU WITH MUSHROOM	
	WHITE RICE	WHITE RICE	
	BANANA  DOASTED BARMIAGIANA BRINIAI WITH	BANANA	
Vegetarian Set Meal Lunch	ROASTED PARMIAGIANA BRINJAL WITH CHICKPEAS	ROASTED PARMIAGIANA BRINJAL WITH CHICKPEAS	
vegetarian set mear tanch	BANANA	BANANA	
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Work A	15 May 2023				
Week 4	ES (RM12)	SS (RM13)			
	CHICKEN BURGER	CHICKEN BURGER			
Western Set Meal Lunch	COLESLAW	COLESLAW			
Western set Wear Lanch	FRENCH FRIES	FRENCH FRIES			
	RED WATERMELON	RED WATERMELON			
	FISH MASSAMAN CURRY	FISH MASSAMAN CURRY			
Asian Set Meal Lunch	INDIAN PILAF RICE	INDIAN PILAF RICE			
Acidii cottilodi Edilori	STIR FRIED LONG CABBAGE WITH TURMERIC	STIR FRIED CABBAGE			
	RED WATERMELON	RED WATERMELON			
Vegetarian Set Meal Lunch	POTATO AND CHICKPEA ALOO MATAR	POTATO AND CHICKPEA ALOO MATAR			
	RED WATERMELON	RED WATERMELON			
Week 4	Week 4 50 (5) (5) (5) (6) (7) (6)				
	ES (RM12) GRILLED PESTO FISH	SS (RM13)  GRILLED PESTO FISH			
	STEAMED BUTTON CARROT	STEAMED BUTTON CARROT			
Western Set Meal Lunch	PILAF RICE	PILAF RICE			
	HONEY DEW	HONEY DEW			
	ORIENTAL SOUR CHICKEN	ORIENTAL SOUR CHICKEN			
	STIR FRIED PAK CHOY WITH EGG	STIR FRIED PAK CHOY WITH EGG			
Asian Set Meal Lunch	SINGAPORE FRIED NOODLES	SINGAPORE FRIED NOODLES			
	HONEY DEW	HONEY DEW			
	CRISPY TOFU WITH SWEET AND SOUR SAUCE	CRISPY TOFU WITH SWEET AND SOUR SAUCE			
Vegetarian Set Meal Lunch	HONEY DEW	HONEY DEW			
	TIOIALT DEVV	TIONET BEVV			
	17 May 2023				
Week 4	ES (RM12)	SS (RM13)			
	CHICKEN STEW	CHICKEN STEW			
W	GRILLED ZUCCHINI AND TOMATO	GRILLED ZUCCHINI AND TOMATO			
Western Set Meal Lunch	BOILED POTATOES AND PARSLEY	BOILED POTATOES AND PARSLEY			
	Whole Apple	Whole Apple			
	GOLDEN FRIED FISH WITH BLACK FUNGUS				
	SAUCE	GOLDEN FRIED FISH WITH BLACK FUNGUS SAUCE			
Asian Set Meal Lunch	SAUTEED KAILAN	SAUTEED KAILAN			
	STEAMED WHITE RICE	STEAMED WHITE RICE			
	Whole Apple	Whole Apple			
Vegetarian Set Meal Lunch	TOMATO AND EGG SHAKSHUKA	TOMATO AND EGG SHAKSHUKA			
	Whole Apple	Whole Apple			
	18	May 2023			
Week 4	ES (RM12)	SS (RM13)			
	CRUMBED PARMESAN FISH WITH TOMATO	or (minor)			
	SALSA	CRUMBED PARMESAN FISH WITH TOMATO SALSA			
Western Set Meal Lunch	STEAMED BROCOLI	STEAMED BROCCOLI			
	ROASTED POTATO	ROASTED POTATO			
	YELLOW WATERMELON	YELLOW WATERMELON			
	HAYASHI CHICKEN	HAYASHI CHOCKEN			
Asian Set Meal Lunch	SAUTEED CABBAGE WITH TURMERIC	SAUTEED CABBAGE WITH TURMERIC			
	JASMINE RICE	JASMINE RICE			
	YELLOW WATERMELON	YELLOW WATERMELON			
Vegetarian Set Meal Lunch	BEAN CURD WITH JAPANESE CURRY	BEAN CURD WITH JAPANESE CURRY			
	YELLOW WATERMELON	YELLOW WATERMELON			
		May 2023			
Week 4	ES (RM12)				
	CHICKEN BOLOGNESE	SS (RM13)  CHICKEN BOLOGNESE			
	SAUTEED CAULIFLOWER AND GREEN PEAS	SAUTEED CAULIFLOWER AND GREEN PEAS			
Western Set Meal Lunch	SPAGHETTI	SPAGHETTI			
	ORANGE WEDGES	ORANGE WEDGES			
	STEAMED THAI FISH	STEAMED THAI FISH			
Asian Set Meal Lunch	PAD PAK RUAMIT VEGETABLE	PAD PAK RUAMIT VEGETABLE			
	PAD THAI NOODLES	PAD THAI NOODLES			
	ORENGE WEDGES	ORANGE WEDGES			
	MIXED BEAN VEGETABLE STEW	MIXED BEAN VEGETABLE STEW			
Vegetarian Set Meal Lunch	ORANGE WEDGES	ORANGE WEDGES			

	Monday 22 May 2023		
Week 5	ES (RM12)	SS (RM13)	
	OVEN BAKED FISH WITH TARTAR SAUCE	OVEN BAKED FISH WITH TARTAR SAUCE	
Master Oat Mart Live of	STEAMED BROCCOLI	STEAMED BROCCOLI	
Western Set Meal Lunch	POTATO WEDGES	POTATO WEDGES	
	RED WATERMELON	RED WATERMELON	
	BLACK PEPPER CHICKEN	BLACK PEPPER CHICKEN	
Asian Set Meal Lunch	SAUTEED LONG CABBAGE	SAUTEED LONG CABBAGE	
	JASMINE RICE	JASMINE RICE	
	RED WATERMELON	RED WATERMELON	
	ROASTED TEMPE	ROASTED TEMPE	
Vegetarian Set Meal Lunch	RED WATERMELON	RED WATERMELON	
Week 5	23	3 May 2023	
week 5	ES (RM12)	SS (RM13)	
	CARIBBEAN FISH STEW	CARIBBEAN FISH STEW	
	STEAMED FRENCH BEANS	STEAMED FRENCH BEANS	
Western Set Meal Lunch	PENNE PASTA	PENNE PASTA	
	HONEY DEW	HONEY DEW	
	THAI BASIL CHICKEN	THAI BASIL CHICKEN	
	SAUTEED KAILAN WITH GARLIC	SAUTEED KAILAN WITH GARLIC	
Asian Set Meal Lunch	WHITE RICE WITH SCALLION	WHITE RICE WITH SCALLION	
	HONEY DEW	HONEY DEW	
	FRIED TEMPE WITH BASIL SAUCE	FRIED TEMPE WITH BASIL SAUCE	
Vegetarian Set Meal Lunch	HONEY DEW	HONEY DEW	
	TIONET BETT	HONET DEV	
	1 May 2023		
Week 5	ES (RM12)	SS (RM13)	
	CHICKEN SCHNITZEL WITH GRAVY	CHICKEN SCHNITZEL WITH GRAVY	
	GARDEN SALAD	GARDEN SALAD	
Western Set Meal Lunch	MASHED POTATO	MASHED POTATO	
	ORANGE WEDGES	ORANGE WEDGES	
	GRILLED FISH WITH TARMARIND SAUCE	GRILLED FISH WITH TARMARIND SAUCE	
	OYSTER PAK CHOY	OYSTER PAK CHOY	
Asian Set Meal Lunch	CHINESE FRIED RICE	CHINESE FRIED RICE	
	ORANGE WEDGES	ORANGE WEDGES	
	FALAFEL WITH TZATZKI	FALAFEL WITH TZATZKI	
Vegetarian Set Meal Lunch	ORANGE WEDGES	ORANGE WEDGES	
Wook 5	25	5 May 2023	
Week 5	ES (RM12)	SS (RM13)	
	GRILLED FISH WITH LEMON BUTTER SAUCE	GRILLED FISH WITH LEMON BUTTER SAUCE	
	STEAMED FRENCH BEANS	STEAMED FRENCH BEANS	
Western Set Meal Lunch	PILAF RICE	PILAF RICE	
	YELLOW WATERMELON	YELLOW WATERMELON	
	KOREAN CHICKEN	KOREAN CHICKEN	
	STIR FRIED DAIKON AND CARROT	STIR FRIED DAIKON AND CARROT	
Asian Set Meal Lunch	RAMEN FRIED NOODLES	RAMEN FRIED NOODLES	
	YELLOW WATERMELON	YELLOW WATERMELON	
	JAPANESE TOFU WITH KOREAN SAUCE	JAPANESE TOFU WITH KOREAN SAUCE	
Vegetarian Set Meal Lunch	YELLOW WATERMELON	YELLOW WATERMELON	
Week 5			
Wook o	ES (RM12)	SS (RM13)	
	PAPRIKA ROASTED CHICKEN	PAPRIKA ROASTED CHICKEN	
Western Set Meal Lunch	HONEY GLAZED CARROTS	HONEY GLAZED CARROTS	
western set medi Lunch	OVEN BAKED POTATO	OVEN BAKED POTATO	
	BANANA	BANANA	
Asian Set Meal Lunch	FISH KARAAGE WITHGARLIC COMFIT AIOLI	FISH KARAAGE WITH GARLIC COMFIT AIOLI	
	STIR FRIED TAU MIU WITH MUSHROOM	STIR FRIED TAU MIU WITH MUSHROOM	
	WHITE RICE	WHITE RICE	
	BANANA	BANANA	
	ROASTED PARMIAGIANA BRINJAL WITH		
Vegetarian Set Meal Lunch	CHICHPEA	ROASTED PARMIAGIANA BRINJAL WITH CHICKPEA	
	BANANA	BANANA	