

	STATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		4th/18th SEPT	5th SEPT/19th SEPT	6th SEPT/20th SEPT	7th SEPT/21 SEPT	1st/8th SEPT/22th SEPT
Morning Snack	Ala Carte	Stir Fried Bee Hoon (RM 5)	Roti Canai w. Dhall Curry (RM 3)	Kway Teow Soup (RM 4)	Nasi Lemak w. Condiments (RM 5)	Chinese Stir Fried Rice (RM 5)
Lunch Fayre	Western	Fish Creamy Lemon Sauce Garlic Bread Baked Mix Vegetable	Chicken Chop with BBQ Sauce Mix Herb Potato Wedges Coleslaw	Grilled Cajun Chicken Garlic Spagetti Steamed Cauliflower & Carrot	Baked Fish w Mornay Sauce Butter Rice Honey Glazed Vegetable	Grilled Chicken w Pesto Sauce Penne Pasta Baked Mix Vegetable
	Asian	5 Spice Chicken Jasmine Rice Cucumber & Tomato Salad	Fish Tikka Masala Jasmine Rice Stir Fried Ocra	Chickebn Kurma w Potato Jasmine rice Stir Fry Long Bean	Nasi Kerabu w Condiment Percik Chicken Ulam - Ulaman	Baked Fish w Sweet Sour Thai Sauce Braised Yee Mee Stir Fry Long Cabbage
	Vegetarian	5 Spice Vegetarian Chicken Jasmine Rice Cucumber & Tomato Salad	Tikka Masala w. Tofu Jasmine Rice Baked Mix Vegetable	Egg Kurma w Potato Jasmine Rice Stir Fry Long Bean	Nasi Kerabu w Condiment Vegetarian Chicken Ulam - Ulaman	Tofu w Sweet Sour Thai Sauce Brow Rice Stir Fry Eggplant
	Dessert	Slice Orange	Orange Cake	Papaya	Banana	Banana Cake

	STATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		11th SEPT/25th SEPT	12th SEPT/26th SEPT	13th SEPT/ 27th SEPT	14th SEPT/28th SEPT	15th SEPT/29th SEPT
Morning Snack	Ala Carte	Stir Fried Bee Hoon (RM 5)	Roti Canai w. Dhall Curry (RM 3)	Kway Teow Soup (RM 4)	Nasi Lemak w. Condiments (RM 5)	Chinese Stir Fried Rice (RM 5)
Lunch Fayre	Western	Chicken Stew w Potato Focassia Bread Mixed Vegetables	Grilled Fish w Garlic Butter Sauce Pilaf Rice Mixed Vegetble	Grilled Chicken w Pesto Sauce Penne Pasta Honey Glazed Corn & Carrot	Baked Fish w Pomodoro Sauce Soft Roll Sauter Vege & Mushroom	Baked Fish Pineapple Salsa, Sapagahtty Aglio-Olio Steam Broccoli & Carrot
	Asian	Baked Fish w Lemon Honey Sauce Steamed Jasmine Rice Sauted French Bean	Chicken Katsu w Japanese Curry Jasmine rice Baked Potato & Carrot	Chicken Kapitan w Potato Briyani Rice Stir Fried Mix Vegetable	Thai Green Curry w Vege, Steamed Jasmine Rice and Cap Chay Vegetable	Lamb Masala with Potato. Briyani Rice and Cucumber Raita
	Vegetarian	Vegetarian Chicken w Lemon Honey Sauce Steamed Jasmine rice Grilled French Bean	Vegetarian Chicken w Japanese Curry Jasmine Rice Baked Potato & Carrot	Fried Tofu Briyani Rice Vegetable Curry	Stuffed Eggplant, Soft Roll and Sauter Vege 7 Mushroom	Vegetable Au- Gratin, Spagahtty Aglio-Olio and Steam Brocoli carrot
	Dessert	Slice Watermelon	Orange Cake	Slice Red Apple	Marcle Cake	Mix Fruit

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		4th/18th SEPT	5th SEPT/19th SEPT	6th SEPT/20th SEPT	7th SEPT/21 SEPT	1st/8th SEPT/22th SEPT
Morning Snack	Asian Delight	Stir Fried Bee Hoon (RM 5)	Roti Canai w. Dhall Curry (RM 3)	Penang Char Kuey Tiau	Nasi Lemak w. Condiments (RM 5)	Chinese Stir Fried Rice (RM 5)
	Protein Power	Scramble Egg (RM 3)	Toast w Kaya Nutter (RM4)	Sunny Side Up Egg (RM5) (RM 2)	English Egg Muffin (RM5)	Egg Foo Yong (RM 4)
		Chicken Fajitas Wrap (RM 5)	Corn Flakes Cereal (RM3)	Egg & Cheese Burrito (RM 4)	Chicken Quesadilla (RM5)	Chicken & Cheese Burrito (RM 5)
	Morning Bakery	Open Face Sandwich (RM 4)	Mini Butter Croissant (RM 4)	Breakfast Pizza (RM 4)	Oatmeal Chocolate Chip Muffin (RM 4)	Raisin Cinnamon Roll (RM 4)
Lunch Fayre	Western	Fish Creamy Lemon Sauce Garlic Bread Baked Mix Vegetable	Chicken Chop with BBQ Sauce Mix Herb Potato Wedges Coleslaw	Grilled Cajun Chicken Garlic Spagetti Steamed Cauliflower & Carrot	Baked Fish w Mornay Sauce Butter Rice Honey Glazed Vegetable	Grilled Chicken w Pesto Sauce Penne Pasta Baked Mix Vegetable
	Asian	5 Spice Chicken Jasmine Rice Cucumber & Tomato Salad	Fish Tikka Masala Jasmine Rice Stir Fried Ocra	Chicken Kurma w Potato Jasmine rice Stir Fry Long Bean	Nasi Kerabu w Condiment Percik Chicken Ulam - Ulaman	Baked Fish w Sweet Sour Thai Sauce Braised Yee Mee Stir Fry Long Cabbage
	Vegetarian	5 Spice Vegetarian Chicken Jasmine Rice Cucumber & Tomato Salad	Tikka Masala w. Tofu Jasmine Rice Baked Mix Vegetable	Egg Kurma w Potato Jasmine Rice Stir Fry Long Bean	Nasi Kerabu w Condiment Vegetarian Chicken Ulam - Ulaman	Tofu w Sweet Sour Thai Sauce Brow Rice Stir Fry Eggplant
	Dessert	Slice Orange	Orange Cake	Papaya	Banana	Banana Cake
Lunch Special	Noodle Station	Ipoh Hor Fun (RM 10)	Bihun Soup w Chicken (RM10)	Laksa Sarawak (RM10)	Mee Soto (RM10)	Korean Noodle Soup (RM10)
	Panini Counter	Chicken Parmigiana (RM12)	Chicken Shawarma (RM12)	Cesar Chicken (RM12)	California Roll Wrap (RM12)	Lemon Chicken (RM12)
	Chef Special	Special Chef (RM 10)	Special Chef (RM 10)	Special Chef (RM 10)	Special Chef (RM 10)	Special Chef (RM 10)

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		11th SEPT/25th SEPT	12th SEPT/26th SEPT	13th SEPT/ 27th SEPT	14th SEPT/28th SEPT	15th SEPT/29th SEPT
Morning Snack	Asian Delight	Mee Goreng Mamak (RM5)	Ginger Scallion Noodle (RM5)	Yong Chow Fried Rice (RM5)	Nasi Lemak w. Condiments (RM 5)	Pad Thai Noodles w Chicken (RM5)
	Protein Power	Scramble Egg (RM 3)	Sunny Side Up (RM3)	Sunny Side Up Egg (RM 2)	Toast Bread w Baked Bean (RM4)	Roll Bread Tuna (RM3)
		Lemon Chicken Wrap (RM 5)	Assorted Siew Mai (RM4)	Chicken & Cheese Burrito (RM 5)	Scramble Egg (RM3)	Chicken Burrito (RM 5)
	Morning Bakery	Open Face Sandwich (RM 4)	Pancake w Jam / Honey (RM4)	Breakfast Pizza (RM 4)	Vanilla Muffin (RM4)	Sausage Bun (RM4)
Lunch Fayre	Western	Chicken Stew w Potato Focaccia Bread Mixed Vegetables	Grilled Fish w Garlic Butter Sauce Pilaf Rice Mixed Vegatble	Grilled Chicken w Pesto Sauce Penne Pasta Honey Glazed Corn & Carrot	Baked Fish w Pomodoro Sauce Soft Roll Sauter Vege & Mushroom	Baked Fish Pineapple Salsa, Spagahetty Aglio-Olio Steam Broccoli & Carrot
	Asian	Baked Fish w Lemon Honey Sauce Steamed Jasmine Rice Sauted French Bean	Chicken Katsu w Japanese Curry Jasmine rice Baked Potato & Carrot	Chicken Kapitan w Potato Briyani Rice Stir Fried Mix Vegetable	Thai Green Curry w Vege, Steamed Jasmine Rice and Cap Chay Vegetable	Lamb Masala with Potato. Briyani Rice and Cucumber Raita
	Vegetarian	Vegetarian Chicken w Lemon Honey Sauce Steamed Jasmine rice Grilled French Bean	Vegetarian Chicken w Japanese Curry Jasmine Rice Baked Potato & Carrot	Fried Tofu Briyani Rice Vegetable Curry	Stuffed Eggplant, Soft Roll and Sauter Mushroom	Vegetable Au- Gratin, Spagahetty Aglio- Olio and Steam Broccoli carrot
	Dessert	Slice Watermelon	Orange Cake	Slice Red Apple	Marcle Cake	Mix Fruit
Lunch Special	Noodle Station	Ramen Noodle (RM10)	Stewed Chicken Soup (RM10)	Wonton Noodle (RM10)	Noodles Curry w Condiemnt (RM10)	Pho Noodle Soup (RM10)
	Panini Counter	Chicken Pesto (RM12)	Breaded Fish (RM12)	Chimicuri Chicken (RM12)	BBQ Chicken (RM12)	Satay Chicken (RM12)
	Chef Special	Special Chef (RM 10)	Special Chef (RM 10)	Special Chef (RM 10)	Special Chef (RM 10)	Special Chef (RM 10)